| | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Studio 1 | Studio 2 | Studio 3 | Studio 1 | Studio 2 | Studio 3 | Studio 1 | Studio 2 | Studio 3 | Studio 1 | Studio 2 | Studio 3 | Studio 1 | Studio 2 | Studio 3 |
| 3:30 | Teen 3:30 - 5:30 Ballet/ Tap | | Petite Level 3 3:30 - 4:30 | Junior 1 3:30 - 5:30 | Petite Level 1 3:30 - 4:30 | | Teen 3:30 - 5:30 Ballet/ Jazz | | Petite Level 3 3:30 - 4:30 | Junior 1 3:30 - 5:30 | Petite Level 1 3:30 - 4:30 | | Acro 2 3:30 - 4:30 | Acro 1 3:30 - 4:30 | |
| 4:00 | | | | | | Martial Arts 4:00 - 5:00 | | | | | | Martial Arts 4:00 - 5:00 | | | Hip Hop 4 4:00- 5:00 |
| 4:30 | | Contemp 1 4:30- 5:30 | Mini 4:30 - 6:00 Ballet/ Tap | | Petite 2 4:30 - 5:30 | | | Hip Hop 3 4:30- 5:30 | Mini 4:30 - 6:00 Ballet/ Jazz | | Petite 2 4:30 - 5:30 | | Acro 4 4:30 - 5:30 | Acro 3 4:30 - 5:30 | |
| 5:00 | | | | | | Martial Arts 5:00 - 6:00 | | | | | | Martial Arts 5:00 - 6:00 | | | Hip Hop 1 5:00- 6:00 |
| 5:30 | Junior Level 2 Ballet & Tap 5:30 - 7:30 | | | Senior Ballet 5:30 - 7:00 | | | Junior Level2 Ballet 5:30 - 6:30 | Hip Hop 2 5:30 - 6:30 | | Senior Ballet 5:30 - 6:45 | | | Acro 5 & 6 5:30 - 6:30 | | |
| 6:00 | | | | | | Barre 6:15 - 7:15 | | | Power Tumble 6:00 - 7:00 | | | Barre 6:15 - 7:15 | | | |
| 6:30 | | | Senior Pointe 6:30- 7:30 | | | | Junior Level 2 Jazz 6:30 - 7:30 | | | | | | | | |
| 7:00 | | | | Jazz Technique 7:00 - 8:00 | | | | | | Senior Tap 6:45 - 7:45 | | | | | |
| 7:30 | Adv Contemp./ Jazz Funk 7:30 - 8:30 | | | | | | Advanced Acro 7:00 - 8:30 | | | | | | | | |
| 8:00 | | | | | | | | | | Senior Hip Hop 7:45 - 8:45 | | | | | |
| 8:30 | | | | | | | | | | | | | | | |